For Parents, By Parents

The Children & Youth Branch in the N.C. Division of Public Health has assembled a group of parent leaders trained in the nationally recognized, research-based curriculum, Parents as Collaborative Leaders. These parents are passionate about teaching others who have children with a variety of special health care needs and/or developmental concerns to become effective leaders in their communities. These trainings have been used to support parents being more active and confident at the table in a variety of educational, medical, and community settings. The 10 one-hour trainings are offered at no cost, as a whole series, or select modules according to your group’s needs. Trainings are also available in Spanish.

For more information or to schedule trainings for your group, please contact:

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A skill building opportunity for parents, by parents.

EMPOWER EDUCATE COLLABORATE

Working together to improve outcomes for our children with special health care needs and/or developmental concerns

Parents as Collaborative Leaders

State of North Carolina
Department of Health and Human Services
Division of Public Health
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**Module Overview**

**Module 1: Parents as Leaders**
- Define leadership as it relates to participants and their current and future roles as parent leaders.
- Describe the critical roles that parents have played in the history of education of children with special needs.
- Share personal concerns regarding parents’ roles as leaders and advocates.

**Module 2: MAPS (Making Action Plans System) for Leadership**
- Complete MAPS for the purpose of tracing one’s history, dreams, fears, qualities, strengths, and needs as a parent leader.
- Use MAPS results to create an action plan related to leadership development.

**Module 3: Critical Elements of Collaboration**
- Define collaboration as it relates to parent leadership and collaboration in a variety of settings.
- Learn about the defining characteristics and principles of collaboration.
- Define the elements of an effective collaborative teaming process.
- Identify the stages of team development.

**Module 4: Stages of Group Development**
- Learn about the four stages of team development.
- Recognize the characteristics and challenges encountered at each stage of development.
- Outline strategies for team leaders and other members to help teams move through the stages of team development.

**Module 5: Tips for Leading Effective Team Meetings**
- Learn strategies and processes that teams can use to structure and facilitate effective meetings.

**Module 6: Listening and Asking Clarifying Questions**
- Define the importance of listening and asking clarifying questions in collaborative teaming settings.
- Demonstrate the ability to use the skills of listening and asking clarifying questions in role play situations.

**Module 7: Understanding Conflict**
- Define various approaches to dealing with conflict.
- Understand the uses, strengths and limitations of various approaches to conflict.
- Reflect on personal strengths and challenges in relation to conflict, and the ways in which these can enhance or serve as a barrier to effective leadership and collaboration.

**Module 8: Re-Framing Agendas: From the Personal to the Policy Level**
- Identify the difference between a personal concern and a policy concern.
- Demonstrate the ability to re-state personal concerns as policy issues.
- Demonstrate the ability to describe your policy issue to a person whose support you need to make changes in policy.

**Module 9: Solving Problems in Groups**
- Identify the steps needed to engage in effective group problem-solving.
- Participate in a group problem-solving activity related to participants’ issues.

**Module 10: Understanding Diversity**
- Identify ways each of us represents some form of diversity.
- Define the benefits and challenges of collaboration involving people from diverse backgrounds.
- Consider ways to promote the benefits of diversity in future collaborative situations.