

WE NEED  
you!

# Share your ideas, your voice, and let your opinions be heard!

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Join the NC Public Health Youth Network to become a Youth Public Health Advisor



The North Carolina Division of Public Health is looking for teens statewide who want to help make North Carolina a healthier place to live.

As a Youth Public Health Advisor, you will join a group of youth ages 12 through 18 willing to provide feedback, ideas, and advice on things related to teen health!

Here are some opportunities you may have as a Youth Health Advisor:

- Share a personal story, experience, or opinion with adults and peers on a youth panel or as a youth guest speaker at an event or conference
- Help provide flyers and information at table at an event or conference
- Help create and/or provide feedback on content for campaigns, publications, brochures, and webpages created for teens
- Share with your peers about things you are working on in your community to improve teen health or engage with peers in your community on a health-related project
- Share information related to teen health on social media (#NCTeenHealth on Twitter)

## Why become a Youth Public Health Advisor?

Youth Public Health Advisors develop leadership skills, knowledge of various health topics and engage in meaningful ways to voice thoughts and opinions. As a member of the youth network, the NC Public Health Adolescent Coordinator will reach out to you with opportunities to participate as they become available. Being a Youth Public Health Advisor is a flexible commitment, you may choose to participate in in-person activities or engage virtually via email, video conference, e-survey and more.

## Am I eligible to be a Youth Public Health Advisor?

Youth must be between the ages of 12 to 18, be willing to commit to one year of service, complete a brief application, and have a parent or guardian approve your participation. We also request you actively check your email as this is the primary mode of communication. Visit <https://publichealth.nc.gov/wch/aboutus/ahrc.htm> for more information and to apply.



**We encourage any youth to apply. We believe your unique opinion and experience are a resource – all are welcome!**



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