

## School Nurse Consultant Technical Assistance Summary February 2020

In honor of the 200<sup>th</sup> anniversary of the birth of Florence Nightingale, the World Health Organization (WHO) has declared 2020 the “Year of the Nurse and Midwife”. This worldwide effort is meant to highlight challenges these healthcare professionals face, including long hours and a lack of public understanding about their professions. These issues are certainly relatable to school nursing. Please forward this TA Summary to your peers and school nursing staff. We provide this information for ALL school nurses.]

### **New Delivery Forms of Glucagon**

At least two new glucagon preparations have been FDA approved in 2019 (nasal and subcutaneous auto-injection forms). These are prescription medications used to treat very low blood sugar (severe hypoglycemia) in people with diabetes ages 4 years and above, as an alternative to injectable glucagon. [Baqsimi](#) is a dry nasal spray. [GVOKE](#) is available as a subcutaneous auto-injector. Information on use is available at the websites of companies that supply these products, if you receive an order for administration.



### **Valtoco (diazepam nasal spray) has been approved by FDA**

[Valtoco](#) is the first nasal spray approved by the FDA as a rescue treatment for people with epilepsy as young as 6 years of age.

### **New Meningococcal Requirements**

Have you started a campaign to notify parents of the new requirement? Remember, documentation of one dose has been required for individuals entering the seventh grade since 2015. Effective in the 2020-2021 school year, a booster dose will be required for individuals entering the 12<sup>th</sup> grade. The booster does not apply to individuals who enter the 12<sup>th</sup> grade before August 1, 2020. If the first dose is administered on or after the 16<sup>th</sup> birthday, a booster dose is not required. The map that shows the immunization consultant for your region can be found [here](#). Please, make staff, parents and students aware of the additional booster requirements in high school to help ensure compliance and limit exclusions. More information can



be found on the NC Immunization Branch's [website](#). New resources will be shared as they are available from the Immunization Branch.

### **North Carolina School Health Program Manual – Announcement**

The North Carolina School Health Program Manual is in process of final revisions. The manual will be available in a more user-friendly format on the new Division of Public Health's school nurse webpage when it opens later in 2020. The webpage will also include other resources and information needed by the practicing school nurse. Please ask your regional consultant for updates when using current manual content until publication.

### **Flu Resources**



Influenza season began on October 1. As a reminder, [flu resources](#) and information about vaccinations are available on the NC Epidemiology website. This site also includes the [graph](#) of current flu activity and mortality. CDC provides guidance for School Administrators located [here](#).

### **New diabetes education resources from NASN**

*What's New in Diabetes Technology and How to Manage Care in Schools* is now available in the NASN's Learning Center Library at no cost for NASN members and a cost of \$20 for nonmembers. Participants receive 1.25 contact hours. Diabetes Advanced Network Access or DANA is another new resource now available; a website resource that allows

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school nurses working with students with diabetes to access best-in-class information about diabetes technology. DANA was created by the American Association of Diabetes Educators. Instructions on access can be found at the DANA [link](#) on the NASN homepage.

### **Improving Student Health and Academic Achievement through Nutrition, Physical Activity and the Management of Chronic Conditions in Schools**

Year two of this CDC funded project has focused on implementation of new resources for establishing a local standards-based case management process for students with chronic health conditions that is based on a multi-tiered approach. Identified target counties are currently piloting the resources which are also available for use by all North Carolina districts. They will soon be available online with the launch of the new school nurse website. For more information, contact your regional consultant.

### **The updated SHAPE system is available**



The [SHAPE](#) system is a free, interactive tool designed to improve accountability, excellence, and sustainability in school mental health in schools, districts, and states. The SHAPE System offers access to free action planning, mapping, program implementation resources and other critical tools to advance comprehensive school mental health systems. SHAPE is a partner of the DPI School Mental Health Initiative.

### **Annual School Health Services Reports**

Thanks to everyone for submitting your 2019-2020 Section One and Staffing Form A reports. As a reminder, Section Two and Screening Form B, in addition to any required updates of Section One and Staffing Form A, are due no later than June 20, 2020. Everyone has been asked to review their data collection process. For those with a need for a collection tool, a new excel workbook has been made available. It is located at the bottom of the [2019-20 School Health Services Resources](#) page. Worksheets and definitions for the 2019-2020 report are also provided and are important in ensuring consistency in your data collection. A variety of state and county level data is also available. This data should be used to assess and improve the quality of local school health programs. The school nurse 2018-19 FTE was reported at 1386 school nurse positions with a 1:1021 average nurse to student ratio. Data from past reports is located on the [Women & Children's Health Data and Publications page](#).

### **School Nurse Association of North Carolina (SNANC) Grant Initiative**

SNANC offers two grants per year for up to \$500 to qualifying applicants. These grants are to be used to advance the profession of school nursing in the areas of health promotion/education, disease prevention, and profession enhancing research. Qualifying applicants must be SNANC members and submit proposals by one of the two biannual deadlines which are November 15th and March 15th of each year. Proposals will be reviewed by the Grant Committee and one grant will be awarded in January and the second in June. Proposals not awarded grants at the November deadline will automatically be considered for the March deadline. Visit the [SNANC Website](#) for an application.

### **Medicaid Reimbursement for School Nursing Services**

During the Fall Regional Updates an overview of requirements for successful reimbursement of select school nursing services for LEAs was provided. At this time nursing leaders should be engaged in discussions with district leaders regarding policy and process for the addition of nursing services. School nurses should be practicing and documenting in a manner consistent with Medicaid requirements in anticipation of billing since those requirements mimic NC Board of Nursing Requirements. Resources are available for the Plan of Care/IHP template, Progress Note, and Medication Administration Record. Please contact your regional consultant for needed assistance.

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### **2019 NC Annual School Health Conference:**



“Stand up, Speak Out for Student Health and Safety”, School Nurse Conference was held at the Koury Convention Center, December 5-6 with about 550 participants. The 37th annual conference will be in Greensboro at the Koury Center on December 10<sup>th</sup> and 11<sup>th</sup>, 2020.

### **National Association of School Nurses 52<sup>nd</sup> Annual Conference – Registration is Open!**

The conference, *A Seat at the Table: Winning Together for Student Health*, will be held June 30-July 3, 2020 at the Cosmopolitan of Las Vegas. More information is available [here](#).

### **NBCSN School Nurse Certification Exam**



The summer testing window opens March 19 and runs through June 9, 2020. Registration and additional information is available [here](#). The score reports will be sent by September 23, 2020. The National Board for Certification of School Nurses also provides a list of suggested resources and information about [exam preparation](#).

### **School Nurse Orientation Modules**

The target audience for this online course includes all new school nurses and is a required component of the School Nurse Funding Initiative (SNFI) and Program 351 school nurse orientation. The orientation course is an introduction and prerequisite to future offerings of School Nurse Roles and Responsibilities. At this time, the course has reached the end of its current approval period and is closed for revision. Information on course reopening will be forthcoming from your regional school health nurse consultant.

### **School Nurse Roles and Responsibilities**

This is the in-person course that builds on the orientation modules. This workshop is a requirement for SNFI and Program 351 nurses and recommended for all NC school nurses. Two classes are scheduled for Spring. Contact hours are provided. More information is available from the regional consultant team.

### **Child Abuse and Neglect Training for Reporting**

Prevent Child Abuse North Carolina provides a free, online course about recognizing and responding to child maltreatment. This course provides the signs and symptoms of child maltreatment, NC mandatory reporting laws, legal definitions of abuse and neglect, how and where to make referrals, strategies for overcoming reporting barriers, and additional resources. For more information, click [here](#).

### **NC Board of Nursing**

[Am I within my scope?](#) Nurses can increase their knowledge of the legal scope of practice and Board of Nursing resources (decision trees and Position Statements) to effectively recognize and prevent situations that may exceed legal scope in this free, one-hour CE.

### **MAHEC: Online School Nurse Certification Examination Review: Seven start dates in 2020**

This online, eight-week, self-paced certification study guide covers content areas for the School Nurse Certification Exam. This review features pre- and post-test study questions, as well as a final practice exam that simulates the School Nurse Certification Exam. Click [here](#) for more information.

### **MAHEC: School Nurse Clinical Competency Workshop**

On April 23, from 8 am until 5 pm, located at MAHEC Simulation Center, 119 Hendersonville Road, Asheville, professional development training will be offered to support school nurses develop skills and knowledge to meet the growing health needs of students. For more information, click [here](#).

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### **Area L AHEC: 2<sup>nd</sup> Annual Current Trends in Substance Misuse and the Dangers of E-cigarettes Symposium**

Date: March 11, 2020 at 10 am to 4:15. Location: Area L AHEC, 1631 South Wesleyan Blvd., Rocky Mount, NC 27803. This symposium will enhance knowledge and increase awareness of current trends, best practices, and prevention efforts. For more information, click [here](#).

### **NC Asthma Summit: 2020 – Year of the Asthma Educator**

The Asthma Alliance announced that the summit will be held on April 29 at Vailtree Event & Conference Center from 7:30 am until 4:00 pm. For more information, click [here](#).

### **Eastern AHEC**

Hot Topics for School Nurses – The Education Center at Eastern AHEC 2600 W. Arlington Blvd. Greenville, NC – March 13. School nurses that attend this program will increase their understanding of how NCCARE360 and Trauma Informed Care are strategies to address the health for our youth. For more information, click [here](#).

Essential Topics for School Nurses: Documentation and Delegation – Edenton Baptist Church 200 S. Granville St. Edenton, NC -May 8. School nursing is a complex clinical specialty practice focused on optimizing student health and advancing academic success. For more information, click [here](#).

### **Regional Lead Nurse/Supervisor Updates**

**Please note:** Lead nurses/supervisors are welcome to attend the regional update that is most conveniently located. While some information may be specific for that region, the core agenda remains the same. Please notify your regional consultant if you plan to attend an update in a different region.

#### Central Regional Update

Date: April 29, 2020  
Time: 9:30 to 12:30  
NCDPH, Eagle Room, 5605 Six Forks Rd.  
Raleigh, NC 27609

#### Southeastern Region

Date: April 23, 2020  
Time: 10:00 to 12:00  
Sampson County Board of Education  
437 Rowan Road  
Clinton, NC 28328

#### Western Regional Update

Date: April 24, 2020  
Time: 9:30 to 12:30  
MAHEC, 121 Hendersonville Rd.  
Asheville, NC 28803

#### Southwestern Region

Date: April 29, 2020  
Time: 9:30 sign in to 1:00  
Cabarrus Health Alliance  
300 Mooresville Road  
Kannapolis, NC 28081

#### Northeastern Update

Date: May 1, 2020  
Time: 9:30 to 12:00  
John Holmes High School  
600 Woodard Street  
Edenton, NC 27932

#### Northwestern Region

Date: May 1, 2020  
Time: 9:00 to 12:00  
The Gathering Place/Winston-Salem  
Forsyth County Schools  
601 N. Cherry Street, Winston-Salem  
NC, 27101

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Regional Consultant Info