

American Red Cross Online Training (no charge)

All public health nurses and other staff providing shelter support should consider taking all online modules listed below:

1. **Disaster Cycle Services: An Overview.**

This course is the first in the Disaster Cycle Services course curriculum. It provides an overview of how DCS fulfills the Red Cross mission and describes the whole cycle process of helping individuals, families, and communities to prepare for, respond to and recover from disasters. The course also reviews the role of community and government partners and describes opportunities for volunteers in Disaster Cycle Services.

2. **Health Services Fundamentals 1.**

The course provides participants with an inside look at the services that Health Services workers provide supporting regional disaster responses. Participants are required to take an assessment upon completion of the course and score an 80% or higher to earn a course certificate.

3. **Health Services Fundamentals 2.**

The course provides participants with an overview of the services that Health Services workers provide on a large-scale disaster response. Participants are required to take an assessment upon completion of the course and score an 80% or higher to earn a course certificate.

4. **Mass Care: An Overview.**

This course is a basic, web-based and instructor-led course that provides an introduction to the Mass Care activities. The course introduces participants to the Sheltering, Feeding, Distribution of Emergency Supplies, and Reunification services that are provided by Mass Care to people affected by disaster. Participants will learn how to become involved in Mass Care roles. The purpose of this course is to provide an overview of the Mass Care activities of Sheltering, Feeding, Distribution of Emergency Supplies, and Reunification.

5. **Shelter Fundamentals v2.**

The revised Shelter Fundamentals v2 is a basic level course that introduces the roles and responsibilities for opening up, operating and closing a shelter during a disaster. The course focuses on what new shelter workers need to know to work in a shelter.

Participants have the option of choosing the delivery method that is best suited to their learning preferences.

Prerequisites

- Disaster Cycle Services: An Overview
- Mass Care: An Overview

To register, go to http://bit.ly/ext_register and complete the required registration.

- Enter Disaster Function in the Division Box
- Choose Eastern North Carolina Region from the Region Name dropdown menu.
- If you enter your agency name, ARC can track the course you have taken and be able to report that.

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Once you have registered, enter any of the above 3 courses in the search bar to bring up that course request. Be sure to request the online web training (there is a blue computer icon) and not the instructor led class training. There is an estimated time given to complete each course given but most will complete the courses in a much shorter time.

Additionally, there are 2 other courses to help better understand how to assist those with behavioral health and functional needs during a shelter response. ARC offers:

1. **Psychological First Aid: Helping Others in Times of Stress**
 - a. Psychological First Aid: Helping Others in Times of Stress is a basic level web-based course that provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. The course introduces the principles of psychological first aid and guidelines for when to refer to a Disaster Mental Health worker. Participants engage in practice exercises and a review of the course content.
2. **Everyone Is Welcome**
 - a. Everyone is Welcome is a basic instructor-led and web-based course that informs the learner about the Red Cross commitment to excellent service delivery to individuals with access and functional needs, including those with disabilities by inclusion and integration of their varied needs before, during and after disasters. This course also provides tips for providing services to individuals with access and functional needs, including those with disabilities.