### Heat Related Illness Dashboard
**July 24 – 28, 2016**

<table>
<thead>
<tr>
<th><strong>Average maximum heat index during this timeframe (RDU Airport)</strong></th>
<th><strong>Total Emergency Department visits for heat-related illness</strong></th>
<th><strong>Percent of Emergency Department visits Hospitalized</strong></th>
<th><strong>Heat-related illness death</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>107.6°F</td>
<td>556</td>
<td>8%</td>
<td>1</td>
</tr>
</tbody>
</table>

#### Proportion of ED Visits attributed to Heat Related Illness
2016 compared with previous 2 years

![Proportion of ED Visits attributed to Heat Related Illness](image)

#### Data Facts
- 80% of all ED visits for heat-related illness were among adults 18 to 64 years of age.
- Exposures include both occupational (e.g., roofing, construction, landscaping) and recreational (e.g., walking, sports) activities, as well as no air conditioning access.

#### Recommendations
- Drink fluids
- Spend some time in air conditioning
- Reduce activity between 11 am – 4 pm
- Consult your doctor if you take medications that impact the body’s ability to lose heat

Updated August 16, 2016