

**Health Promotion/
Physical Activity and Nutrition**

**THE ALICE AYCOCK POE CENTER FOR HEALTH EDUCATION
MONITORING PLAN
Contract No. 01367-08**

Program Overview

The Alice Aycock Poe Center for Health Education (Poe Center) is a pass-through contract funded by special appropriations from the North Carolina General Assembly in the amount of \$150,000 annually.

The Poe Center provides preventive health education classes to preschool through high school age North Carolina children. Particular emphasis is placed on such critical health issues as the importance of physical activity, proper nutrition, tobacco and drug use prevention, and appropriate dental care. Special efforts are made to provide programs for under-served communities and schools.

Monitoring Process

The Physical Activity and Nutrition contract administrator and operations manager co-write the contract and contract budget with the Poe Center. Telephone contact is made once a month.

Monitoring Schedule

The plan is to make a site visit once every three years. The next visit is planned for November 2010.

Monitoring Tools

This program uses the division's monitoring tools when performing monitoring activities.

Monitoring Process

The Poe Center submits quarterly progress reports and a year-end report. Their annual report is available on their website, www.poehealth.org. They submit monthly contract expenditure reports, which are reviewed for accuracy prior to payment.

All documentation is stored in the Physical Activity and Nutrition Branch.