



# *State of North Carolina*

*Roy Cooper*  
*Governor*

NUTRITION MONTH

2017

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

**WHEREAS**, food is the substance by which life is sustained; and

**WHEREAS**, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

**WHEREAS**, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

**WHEREAS**, March is National Nutrition Month and the State of North Carolina joins in encouraging healthy eating habits that enhance nutrition and promote increased energy, physical fitness and improves quality of life;

**NOW, THEREFORE**, I, ROY COOPER, do hereby proclaim March 2017, as “**NUTRITION MONTH**” in North Carolina, and commend its observance to all citizens.



*Roy Cooper*  
Roy Cooper  
Governor

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this first day of February in the year of our Lord two-thousand and seventeen, and of the Independence of the United States of America the two hundred and forty-first.