

Average maximum heat index during this timeframe (RDU Airport)

103°F

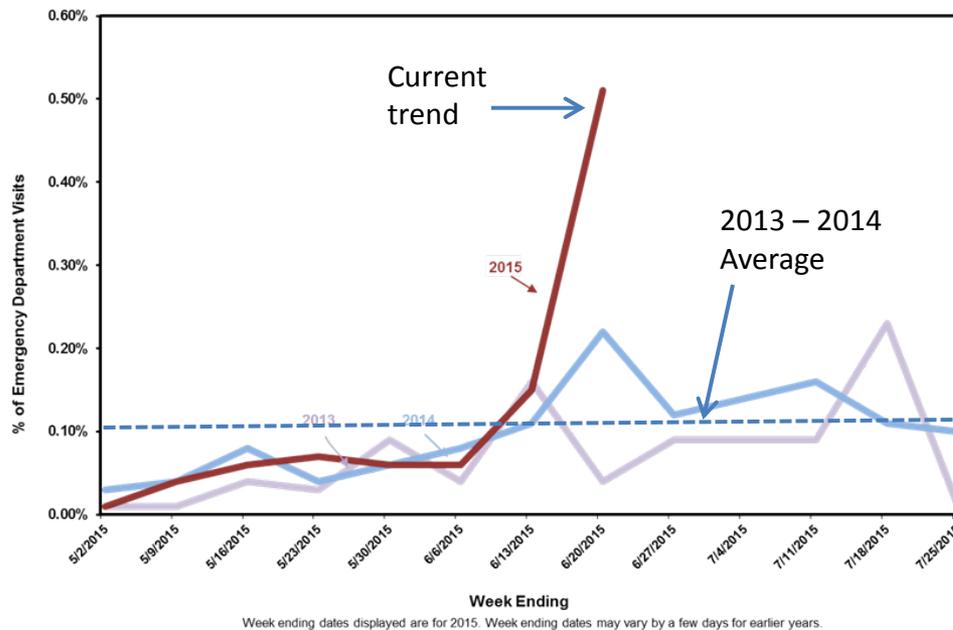
Total Emergency Department visits for heat-related illness

917

Percent of Emergency Department visits Hospitalized

10%

### Proportion of ED Visits attributed to Heat Related Illness 2015 compared with previous 2 years



### Data Facts

- 75% of all ED visits for heat-related illness were among adults 18 to 64 years of age.
- Activities include both occupational (e.g., truck driving, warehouse, roofing, landscaping) and recreational (e.g., jogging, beach activities)

### Recommendations

- Drink fluids
- Spend some time in air conditioning
- Reduce activity between 11 am – 4 pm
- Consult your doctor if you take medications that impact the body's ability to lose heat